

Start a Bridge Group – Toolkit for Rural West Texas

ACBL Unit 209 – Greater Permian Basin

Why Start a Bridge Group?

Bridge is one of the best activities for seniors: • Keeps the mind sharp • Builds friendships • Reduces isolation • Encourages teamwork • Fun, social, and easy to learn

What You Need

• 1–2 tables • 4–8 players • 1 deck of cards per table • Score sheets (provided by Unit 209) • Optional: duplicate boards (available on request)

Simple Weekly Format (1.5–2 hours)

1. Welcome & seating
2. Quick rules review
3. Play 6–12 hands
4. Light scoring
5. Social time / refreshments

Teaching Materials Provided

• Beginner lesson handouts • Bidding cheat sheets • Sample hands • Printable scorecards • “Learn Bridge in a Day” materials (optional)

How to Recruit Players

• Senior center bulletin board • Church newsletters • Library announcements • Facebook community groups • Word of mouth

Support from Unit 209

We can provide: • A volunteer teacher for the first sessions • Starter kits (cards, boards, score sheets) • Help setting up a schedule • Guidance on moving from social to duplicate play • Optional: registering as an ACBL club

Contact

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